



Julia Melnicoe Insel

(Associate)

Julia Melnicoe Insel's practice primarily focuses on defending employers in employment law matters and providing advice and counsel on workplace topics.

Julia reviews employee handbooks and policies for employers, and provides practical advice to help clients stay out of court. She is also an experienced litigator and effective advocate. Julia has done extensive work for the Firm's health care clients.

A former member of the Legal and Legislative Committee for the Sacramento Area Human Resource Association (SAHRA), Julia has presented live programs and webinars on employment law topics.

Julia has co-authored many articles on employment law for the California Employment Law Letter and other publications.

Education:

J.D., Cornell Law School

B.A., University of California,
Santa Cruz

Bar Admissions:

California

People would be surprised to know:

Julia loves the field of workplace psychology. She intends to further her education in this area to assist clients with diverse workplace problems.